

Rye Harbour Newsletter



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Issue 5 Volume 2

31st January 2003

Rye Harbour Newsletter
Compiled By & For The Residents

Editor's Comments



I have never known January to go so fast, mainly due to the fact I spent the first week still in December, I think I've caught up now, just.

This month's issue is packed with information, of new things going on in Rye Harbour and Rye, or related to both.

We have a new voice in Parent & Toddler, who writes well and has been named even though she threatened to kill me, if I did. On page 30 details and times of both Youth Club's parents of children who do attend, may find it useful to note the telephone number for the Village Hall, which will only be in use when sessions are taking place.

A few reminders that Valentines Day is on it's

way, so no excuse to forget those loved ones and have a good one. Copy date for this month will be **Monday**

the 17th February, due to the fact it is a very short month again. The new swimming pool is due to be opened in Rye shortly and from what I've seen so far, will be a great asset to all you Olympic swimmers out there, swimming up and down 400 times, where's the fun in that? I'm mean, well we've got the space and there is plenty of funding out there so why can't we have a pool with a little bit of fun, otherwise, who in their right mind finds swimming up and down, fun. Perhaps we will end up with a giant sand pit.

Special Features

- Local Events & Meetings
- General
- Comments & Letters
- Youth Club
- Church News
- Blue Peter
- Family News
- Neighbourhood Watch
- Tide Timetable
- Local Bus Times
- Harbour Master
- Parent & Toddler
- Shop Update



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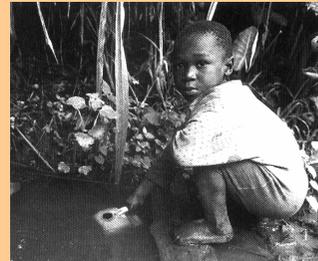
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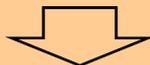
FUND RAISING EVENTS



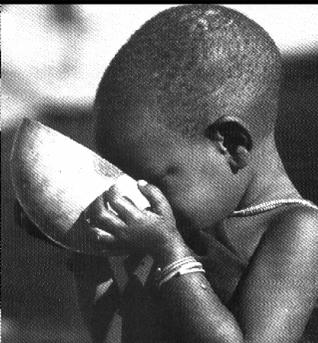
Blue Peter WaterWorks Appeal target is £500,000, which will provide thousands of people in Tanzania and Uganda with all of the things they need to get clean, safe water. This includes handpumps, bags of cement, pipes, spades, pickaxes and even bicycles. This year we are working with the charity WaterAid which helps people build wells so that they no longer have to fetch water from dirty rivers and ponds.

We want to help provide clean, safe water to 30,000 people in the African countries, Uganda and Tanzania. Over one billion people in the world don't have access to drinking water close to their homes. Unlike us who can turn on a tap, People living in the Dodoma district of Tanzania and the Mpigi district of Uganda often have to walk miles each day to collect water.

Four year old Patrick from Kahangi in Uganda has to collect water from this muddy pool every day. It is the nearest source of water to his home. As his village doesn't have a water well, a member of every family has to collect water at least once a day, but it is dirty and not safe to drink. Many people in Patrick's village become ill and some even die from drinking it. Every fifteen seconds, somewhere in the world, a child dies from diseases caused by unsafe water.



Nirosha Saunders is holding a "Blue Peter" Bring and Buy Sale in Rye Harbour Village Hall on Saturday 1st February – 1pm until 3pm. Nirosha has arranged a Tom bola, Raffle, Quality Baby Cloths, Toys and Second Hand School Uniform, Cake Stall, Name the Soft Toy and Refreshments, not bad for a twelve and a half year old, lets give her all the support we can. Well-done Nirosha.



Parish Council Notebook

In this the election year for the Parish Council and in this area for Rother Council meetings will be held until the end of April in the Village Hall here in Rye Harbour after which the meetings will be in Winchelsea Beach Village Hall.

The main monthly meetings are on the second Mondays at 7.15pm starting with questions from the public.

Perhaps some of our teenagers could attend with a few ideas particularly with ideas of a possible hardcourt/The hardcourt should open up possibilities for tennis, hockey or basketball for all age groups.

The Council note with sorrow the enforced closure of the public toilets due to persistent vandalism. Such actions do nothing for those who perpetrate them besides which, someone has to pay for it, which usually means money that could be spent on improving amenities in Rye Harbour cannot go forward. Thus the majority whatever their age have to suffer for the actions of a few.

Councillor 'Tollett' Up To His Neck In Poo!

To whom it may concern,
EMPTIED DOG!

If you are guilty of emptying your dog between the shop and the entrance to Marystanford Green, on the path that runs into Marystanford Green or anywhere else for that matter and DO NOT clear up after your dog then read on.... YOU are not: FUN- NY, CLEVER or HYGIENIC. There are others who use the footpaths in this village, including Children. Be responsible, clear up after your dog when it empties in public!

It has been suggested that it could be someone moving the dog dump. If this is the case, then I would suggest that you get another hobby - perhaps something that is useful to our wonderful village. Steve Tollett - Councillor and Responsible dog owner

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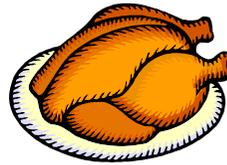
RYE HARBOUR STORES UPDATE

Don't forget the New Opening Times

Mon - Fri 7 am to 5 pm
Saturday's 8 am to 5 pm
Sunday's 8 am to 1 pm



Don't Forget To Order
Your Chickens



EXTRA BUS BEING MADE AVAILABLE FROM RYE HARBOUR TO RYE STATION AS FROM MONDAY 11TH NOVEMBER 2002.

EAST SUSSEX COUNTY COUNCIL HAVE ARRANGED FOR A J&H COACH TO LEAVE THE BUS STOP AT RYE HARBOUR AT 8.00AM WEEKDAYS TO ARRIVE AT RYE STATION AT APPROX. 08.07AM

AT THE MOMENT THIS HAS BEEN OFFERED ON A TRIAL BASIS - IF ENOUGH PEOPLE USE THE SERVICE IT COULD BECOME A PERMANENT ARRANGEMENT.



NEIGHBOURHOOD ODD JOBS SCHEME



Do You Have A 'Fix-It' Problem?

There are any number of reasons why people are unable to do quite ordinary things for themselves - age and infirmity being but two. If for any reason you should find that you need help to mend a fuse, turn a mattress, change a washer or even a light bulb and there is no one handy to do it then PLEASE contact us. If you have, or know of someone that has

a problem that our 'fix-it' team may be able to solve then please give us a shout. Contact either Allan Goffee at 3 Mary Stanford Green (225560) or Jane Babington, 5 Stoneworks Cottages (224197) and hopefully someone will be with you as soon as is possible. If on the other hand you are handy and are prepared to do the odd job (on a rota basis) then please give either Allan or Jane a ring.

Harbour Master's Comments

As I sit here writing, the wind is blowing hard from the south west driving heavy rain, very noisily, onto the office glass window panes. Two ships are alongside at Rye Wharf with a further two awaiting channel transit when the weather improves. I have had a chance to count up the ships visiting Rye over the last six months of 2002 as follows. 36 vessels carrying 48,000 tons of aggregate from north Wales and Cornwall. We have resumed the "Talc" trade with the discharge of 1100 tons of Japanese talc in "Eurobags" (one ton heavy duty plastic bags). A number of visiting fishing vessels are moored in the harbour from Thames Estuary ports taking advantage of the rich scallop fields to the west of us. Many thousands of "Dozen" are being landed each week (weather permitting) and destined for France. The fish market staging has been re-furbished with many Heath & Safety improvements made. We await the start of the "Big" project, hopefully later in the year. All sheds and old containers have been removed and replaced with steel 40ft units for the storage of gear. With Christmas's excess's over we looked forward to a new year. We lost many familiar faces and good friends last year who will be sadly missed on the river. The 3rd of April marks the 750th Anniversary of St. Richard of Chichester. Why is this important? The first Deanery of the Chichester Diocese is RYE. An Icon of St Richard is to be blessed at Dover where it will be placed on board a vessel with full ceremonial splendour and

transported to Rye where it will begin a journey to Chichester Cathedral. It will probably be landed at Rye Wharf from an army transport. The day will involve full ceremony and a church service at Rye. Other visitors will include the "Excelsior". dates yet to be confirmed.Zanzibar is a small island off the coast of Tanzania. We were to load bags of cloves. In the "60's nearly 80% of the worlds cloves were grown on the island and the aromour was with you 3 days before we arrived. This island was the holding ground for many tens of thousands of slaves awaiting transportation to the America's. Yet again, we were advised not to go ashore as revolution was taking place. It seemed to us that the whole of Africa was in revolt. The Belgium's, French and Brits, were all on the move away from the continent that was under going "The wind of Change". Although we were unable to go ashore the local "Gilly Gilly" men came on board selling us everything from the island. It was here that I purchased, for the price of 40 cigarettes (This currency was to be used again in Athens, but that's later in the voyage) a "Bush Baby" a small creature resembling a squirrel with very big eyes. from day one it was obvious that we were not going to get on. Theses creatures eat large quantities of fruit and, once digested returns in another form., very messy. It lived on top of the wardrobe when it wasn't being teased by the other cadets. I had it for some four months and for the life of me I can't

remember what happened to it. We sailed on to Tanga, definitely heading north and back into warmer climes. We discharged a small amount of western goods into the care of the few Brits that were left holding up the Empire. With all the deck cargo gone we now were able to rig a swimming pool made of hatch cover canvass and spread between the cargo derricks. It was a welcome addition to our off duty recreation. Still heading north we arrived at Mombassa were a small flotilla of British warships were based. With very heavy monsoon rains there was considerable delay in working cargo vessels. We went to anchor in the lagoon with many tens of other ships. We were to stay here for many weeks giving us a good opportunity to go ashore in "K" boats and explore the country side. The chief officer decided that it would be a good idea for "us" cadets to get dressed up and visit a naval warship. It was arranged and, following a rigid inspection by the captain, we were deemed "Proper" and "Gentlemanly". Following the visit a number of other "Gentlemanly" activities were arranged including .a cocktail party on the boat deck and, a "Dinner Dance" at the Mission. We quickly learnt that the "Evil Demon" drink (which was consumed in large amounts) did not mix well with the daughters of British Diplomats. More about our stay in Mombassa, including a "Safari" and meeting with a "Stone" fish, the most venomous fish in the sea.

Carl Baggwell (Harbour Master)

ANIMATE YOUNG PEOPLES CENTRE

Additionally at Animate we have reinstated the mentoring service. We are currently looking for volunteers to be Mentors. All this involves is that you will be trained (with the possibility of passing an Accreditation in Mentoring) to work alongside a young person for a maximum of a couple of hours per week to help them in their daily life. You will be matched according to interests and skills etc and you will be expected to befriend them, empowering them to achieve their wishes and generally being someone they have the confidence to chat with when they have problems. You would receive your volunteer

expenses ie mileage allowance and costs (if you have taken them on an outing for instance the pictures) If this is of interest to you then please telephone Karen on 225006 for an informal discussion. Alternatively if you are a young person who feels that they would like to know more about having your own mentor then please also telephone Karen. All telephone calls are confidential. As you will see from our timetable, we are now open on a Wednesday evening for the 16+ age group. As from February we will also be open from 10.00am – 3.00pm for

this group as well and we will be able to offer help with careers, housing, benefits etc with the help of our colleagues from other agencies. We will be offering hot meals at very competitive rates and also washing machine and tumble drying facilities. We have internet and computer facilities available free of charge. If you just feel that you would like to get off the street and into the warm for a cup of tea then please feel free to drop in and see us.



Animate

Young People's Centre



01797 225006

NEW PROGRAMME FOR 2003

Monday	3.30-5.30pm	After-Schools Club (free) 11-14 years
Monday	7.00-9.00pm	Youth Club 11-14 years (50p)
Tuesday	10-12.00pm	Parent and Child Group (£1.25)
Tuesday	1.00-2.00pm	Smoking Cessation Group (free)
Tuesday	3.30-5.30pm	After Schools Club
Tuesday	7.00-8.00pm	Women's Kick Boxing Class (£3)
Wednesday	3.30-5.30pm	After Schools Club
Wednesday	7.0-11.00pm	Over 16's youth club (free)
Thursday	3.30-5.30pm	After Schools Club
Thursday	7.00-9.30pm	Youth Club 14+ - 50p
Friday	3.30-5.30pm	After Schools Club
Friday	7.00-9.00pm	Amateur Dramatics Group



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US SOON





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Hire The Village Hall

If you would like to book the Village Hall for a party or some other gathering then visit the web site at: www.ryeharbourvillagehall.co.uk You will be able to view hall availability and other information relating to the Village Hall.

The hall can be hired for £3.50 per hour for Village residents and £5 per hour for non-Village residents, commercial bookings and organisations.

If you don't have access to the internet and would like to book the hall, you can phone 01797 223631.

Don't forget, a deposit is needed to guarantee your booking.

General Information

Flood Warnings

Floodline
0845 988 1188

Local Tide Times

FEBRUARY Rye Harbour Approaches

Date	O.D. Time metres	O.D. Time metres
1 Sa	1122 3.3	2335 3.4
2 Su	---	1202 3.3
3 M	0015 3.6	1237 3.3
4 Tu	0050 3.6	1310 3.2
5 W	0125 3.6	1342 3.1
6 Th	0156 3.3	1412 2.8
7 F	0224 3.1	1442 2.6
8 Sa	0251 2.8	1512 2.4
9 Su	0325 2.5	1554 2.0
10 M	0413 2.1	1705 1.8
11 Tu	0531 1.9	1834 1.6
12 W	0658 1.9	1948 1.9
13 Th	0808 2.1	2047 2.2
14 F	0905 2.5	2137 2.7
15 Sa	0956 3.0	2222 3.1
16 Su	1041 3.2	2304 3.4
17 M	1124 3.6	2345 3.8
18 Tu	---	1205 3.7
19 W	0025 3.9	1244 3.8
20 Th	0104 4.0	1321 3.7
21 F	0143 4.0	1401 3.6
22 Sa	0225 3.8	1446 3.3
23 Su	0311 3.4	1537 2.8
24 M	0405 2.8	1640 2.4
25 Tu	0514 2.4	1803 2.0
26 W	0648 2.1	1939 2.0
27 Th	0830 2.2	2100 2.4
28 F	0943 2.6	2159 2.7

Local Police

Your Local Police
Station No.
0845 607 0999



Citizens Advice

Mondays
10.00am - 12.00pm

Tuesdays
10.00am - 12.00pm

Wednesdays
2.00pm - 4.00pm

No Appointment Necessary

Rye Partnership Office (Rye)
Or you may telephone,
on 0870 1264101
7 Days a Week
24 Hours a Day



Local Bus Times

Mondays to Saturdays only (excluding Public Holidays) 325 / 326

Route No	325	345	325	325	325	325	325	325	325	325	325	325	345
Operator	CO	SES	CO	CO	CO	CO	CO	CO	CO	CO	CO	SES	CO
Day Code	⊕	⊕	Sch	Sch
Freda Gardham School	1520	1525
Rye (Rail Station) ⇌ dep	0848	0918	0948	1018	then	18	48	1418	1448
Cadborough Cliff	0830	at	1520	1525
Tilling Green	0853	0923	0953	1023	these	23	53	1423	1453
Rye (Rail Station) ⇌ arr	0835	...	0858	0928	0958	1028	mins	28	58	until	...	1428	1458
Rye (Rail Station) ⇌ dep	0835	...	0859	0929	0959	1029	past	29	59	1429	1459
Rye Harbour	...	0820	0907	0937	1007	1037	each	37	07	1437	1507
Rye (Rail Station) ⇌ arr	0835	0827	0915	0945	1015	1045	hour	45	15	1445	1515
Tilling Green	...	0832	0923	0953	1023	1053	...	53	23	1453	1533
Freda Gardham School	0840	0845	1608

Explanation of Codes:
A: Additional journey on Schooldays only at 0830 from Cadborough Cliff to Freda Gardham School
B: The 1520 journey operates via Cadborough Cliff at 1530
⊕: Schooldays only

Mondays to Saturdays only 344 / 345 / 347

Operator	CO	SES	RN	CO	RN	CO	RN	CO	RN	RC	SES	SES	SES	SES	RC	RC
Route No.	344	344	347	344	344	344	344	344	344	344	344	344	344	344	344	345
Day Code	NS	NS	⊕	NS	S	⊕	⊕	S	NS
Freda Gardham School	1525
Tilling Green (Mason Road)	1534
Rye (Rail Station) ⇌	0909	0946	1046	1146	1256	1350	1450	1536	1550	1650	1655	1750	...
Rye (Harbour)	B 1758
Winchelsea (Bridge End)	...	0755	0755	0916	0953	1053	1153	1303	1357	1457	1808
Winchelsea Beach	...	0758	0758	0919	0956	1056	1156	1306	1400	1500	1811
Smugglers End	...	0800	0800	0921	0958	1058	1158	1308	1402	1502	1813
Pett Level	...	0803	0805	0925	1002	1102	1202	1312	1406	1506	1817
Fairlight Cove (Hotel)	0730	0809	0812	0932	1009	1109	1209	1319	1413	1513	1824
Fairlight Glen	0736	0815	0822	0942	1019	1119	1219	1329	1423	1523	1834
Ore (Christ Church)	0738	0817	0825	0945	1022	1122	1222	1332	1426	1526	1837
Old Town (Boating Lake)	0742	0822	C	0951	1028	1128	1228	1338	1432	1532	1843
Hastings (Harold Place)	0746	0824	...	0953	1030	1130	1230	1340	1434	1534	1845
Hastings (Rail Station) ⇌	0748	0955	1032	1132	1232	1342	1436	1536	1847
Conquest Hospital (Grounds)	1016A

Operator	SES	SES	CO	RN	CO	RN	CO	RN	RC	SES	RC	SES	RC
Route No.	345	345	344	344	344	344	344	344	344	344	344	344	344
Day Code	⊕	N⊕	NS	S	NS	S
Note	...	H
Conquest Hospital (Grounds)	0907A
Hastings (Rail Station) ⇌	0926	1036	1136	1246	1346	1446	...	1546	1636	1740	1745
Hastings (Breeds Place)	0930	1040	1140	1250	1350	1450	...	1550	1640	1744	1749
Old Town (Old Town Cutter)	0932	1042	1142	1252	1352	1452	C	1552	1642	1746	1751
Ore (Christ Church)	0739	0739	0939	1049	1149	1259	1359	1459	1535	1559	1649	1753	1756
Fairlight Glen	0743	0743	0943	1053	1153	1303	1403	1503	1539	1603	1653	1757	1800
Fairlight Cove (Hotel)	0753	0753	0953	1103	1203	1313	1413	1513	1549	1613	1703	1807	1809
Pett Level	0801	0801	1000	1110	1210	1320	1420	1520	1556	1620	1710	1814	1816
Smugglers End	0803	0803	1004	1114	1214	1324	1424	1524	1600	1624	1714	1818	1820
Winchelsea Beach	0805	0805	1006	1116	1216	1326	1426	1526	1602	1626	1716	1820	1821
Winchelsea (Bridge End)	0813	0813	1008	1118	1218	1328	1428	1528	1605	1628	1718	1822	1823
Rye (Harbour)	0820	0820
Rye (Rail Station) ⇌	0827	0827	1016	1126	1226	1336	1436	1536	...	1636	1636	1726	1830
Tilling Green (Mason Road)	0832
Freda Gardham School	0845

Explanation of Codes: NS: Not Saturdays S: Saturdays Only N+: Not School Days +: School Days Only A: As Local Rider 300 to/from this point

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Also my thanks to Adams Ltd for the use of their Tide Tables



LETTERS TO THE EDITOR



Dear Editor

Update on the requests for more signage to make drivers aware that they are entering RYE HARBOUR VILLAGE and that we have children playing, elderly and disabled people and and distracted middle aged women (usually me!) crossing the road, using the telephone kiosk, waiting at the bus stop, talking on the pavement, going to the shop, walking their dogs - normal village life in fact!!!! And that this Village is on the edge of a beautiful bit of coastline and a wonderful Nature Reserve!

Well, I seem to be getting support and encouragement from all sorts of unexpected quarters. Simon Hickmott (Group Manager, Environment ESCC) is steering me towards all sorts of funding bodies and there is a real possibility that we could bid for more than just road signs - how about tidying up the bus turning circle, lobbying for a lorry park/lorry turning circle in the industrial area to keep all but essential HGVs out of the Village? Perhaps if the bus shelter was where the phone box is (and was something a darn site more attractive, with sign boards drawing attention to the joys of this place and anti graffiti paint finishes) and the phone box was where the bus shelter currently is, the phone wouldn't get vandalised so often, the bus wouldn't be pumping deisel fumes into the shop in the summer and, until they get something better of their own, the kids could sit in a bigger, better, bus shelter on summer evenings without annoying anyone!

If anyone else is interested in these and other thoughts I'd love to hear from them. Mike and I feel really privileged to be living here and would like to feel that we are contributing something to the well being of what we feel is very special community and I write a mean email!

Jill Stott



PUBLIC NOTICE

The Rye Partnership is holding a series of Public Meetings in Rye and the surrounding villages during February. These, along with a questionnaire which you will receive in the next few weeks, will give all residents an opportunity to have a say in how they think their villages might benefit from new community schemes. The meetings are open and informal and refreshments will be provided. Because the geographical area is so large, we are merging certain parishes and meetings will be held in eight locations altogether. Your local meeting are Saturday 1st February 11.00am at Thomas Peacocke or Monday 17th February at 7.00pm at Tilling Green school but if you cannot make these but would still like to be involved, information about other meetings can be obtained from the Rye Partnership Office on 01797 229600.

ANOTHER NEW SERVICE FROM RELATE

Relateen Service in Rye

Thanks to funding from Connexions, Relate South East Sussex are excited that they are going to be able to offer the Relateen Service in Rye.

The service will be available at Thomas Peacocke Community College and at Animate. Young people will be able to contact the counsellor and arrange an appointment themselves, alternatively they can ask a trusted adult, ie teacher, youth worker, parent, grandparent, doctor etc to contact the service on their behalf.

The service will be free to the young people thanks to funding from Connexions, who have awarded over £16,000 to set up this service in Rye. The service will be provided by Relate South East Sussex and overseen by a Partnership including the Police, Educational Services, Animate, Health, Social Services, Thomas Peacocke Community College and Connexions. Relate are delighted that these agencies have come together to support this service and recognise the value of Relateen to the wider community as well as the young people.

Relateen is a dedicated counselling service for young people aged between 11-18 who are experiencing parental break up. It offers a specially trained counsellor with whom young people can talk openly about their fears, concerns and feelings regarding their parent's relationship breakdown, separation or divorce.

This helps young people to realise that they are not to blame for what is happening and that both their parents still love them. Perhaps most importantly it helps them to understand that their anxieties, anger and emotional reaction to the situation are quite normal.

The sessions with the counsellor are confidential and no information is shared elsewhere, although we naturally work to child protection guidelines. This means the young people can talk openly without fear of criticism and to let their pent up feelings out in a constructive way. They can express anger, frustration, fear, and pain, in a way they may be unable to do at home. Often in the turmoil of a relationship breakdown the children may feel no one is listening to them or what they want. Because they do not want to hurt their parents even more they may not say anything.

Benefits to the community can include reduction in or avoidance of anti-social behaviour, truancy and criminal activities. A decrease in underage drinking or experimenting with drugs, a lower rate of teenage and underage pregnancies and in levels of mental health problems in this age group. This can promote an improvement in behaviour patterns, resumption of academic achievement and increased personal confidence. This all reduces the likelihood of exclusion, less aggressive behaviour and less classroom disruption.

The long-term benefits to society are young people who grow up with a greater understanding of why relationships break down, what the options are and how to build stronger relationships. They also grow up with a greater insight into their own reactions to change, how emotions affect their behaviour and the lifeskills to deal more effectively with problems in the future.

For more information please contact Maureen Anstey, Manager at Relate South East Sussex, 22 Church Street, Eastbourne, BN21 1HS. Telephone 01323 410001.



RELATE

RELATE IN RYE

Following the article in the September Newsletter, Relate are delighted that the relationship counselling service in Rye is now up and running. The service, which is at the CVS Offices at 25 Cinque Port Street Rye on Wednesdays, between 4.30 p.m. and 7.30 p.m., started on 26 September and is already being well used.

Funded by the Rye Regeneration Partnership, the service will help couples and individuals deal with their relationship problems in a constructive and positive way. Talking with a Relate Counsellor can help people identify the cause of their problem and then decide what they want to do about it. Relate's is there to help the individual or couple resolve their difficulties in the right way for them. This means that the solutions will be different for everyone, because people are different. For some couples this, sadly, may be separation. Then Relate can try to help to make the separation less painful by enabling the couple to understand the changes that are taking place and how their future relationship will be different. This is important when there are children, because it allows both parents to continue being involved in their children's future.

Anyone who feels that an appointment with the Relate Counsellor in Rye would help them can arrange an appointment by telephoning the Central Admin Office on 01323 410001. The Appointment Secretary will take your name, address and telephone number and then make an appointment for you. Because the service is being subsidised by the Rye Regeneration Partnership, clients will only be asked to pay what they can afford, up to a maximum of £5.00 per session.

For more information contact Maureen Anstey, 01323 416552.

Looking to Start or Return to Work?

Why not join our fun and informal training course for women, which provides

- **FREE Computer Training**
- **FREE Career Advice**
- **FREE Self-Development Training**
- **FREE Help with Job Search**

For more information call Julie or Tamsin on **0845 601 1036**
alternatively write to Julie Gratton Women in Action Eastbourne House 22-24 Gildredge Road Eastbourne East Sussex BN21 4SA

women in Action

Don't Delay Enrol Today



sussex careers



Women in Action and Me A Fairy Story

By Hilary Newbrook

Once upon a time there was a sad older woman call Hilary. She had spent seven years devoting herself to bringing up her two small boys, but the years of domestic drudge and skiving had taken its toll. Something had happened to her. She had got smaller and smaller and she wondered if one day she might disappear altogether.

At night a *Bad Witch* would call on her and utter he words “ You are useless, You will never work again, No one will want you and you can't even use a computer Ha Ha Ha!”. Hilary believed the bad witch and feared for her future. She knew she must work but it all seemed impossible.

Then one night a *Fairy* appeared to her and said – waving her wand – “ You will do a course called ‘*Women in Action*’. It will give you computer and assertiveness training, It will help you assess your career skills and help with job finding, You will do a psychometric test and a careers interview. You can do work experience and have a mentor to give support when the course finishes. You will receive money for doing the course **AND** it will pay for childcare if you need it” Hilary thought that this was all too good to be true – it was probably a dream – she though to herself.

However, the next day she magically found herself talking to one of the *Wise Women* of **Women in Action**. Yes it was true she did have a place on this amazing course.

Of course Hilary was very pleased but she was also scared. Would she cope with the work? What would the other women be like? Would they like her? Would she like them? She was very nervous on the first day but soon realised that everyone felt the same way. In fact Hilary soon felt the group was a supportive place to be and she knew early on that she would miss the other women when the course finally finished.

Women in Action's fairy tutors were great and Hilary felt that she was growing back to her normal size again. She realised she had gained many skills being at home with her boys, and refreshed her memory of skills picked up over the years of work. In Personal Development she learnt how to be more assertive and was able to deal with the bad witch next time she visited. “I have listened to what you have to say” said Hilary. “ But you are wrong about me, It does not support my life to have you visit so please leave and do not come back.” Hilary was careful to give steady eye contact, to have a relaxed body posture and spoke in a clear and calm voice.

There didn't appear to be the magical job Hilary had wished for but she knew she was worthy enough to do a teaching job again – and had a plan for the future.

The future looked a lot brighter



FISHING NEWS



ROUND RYE BAY FOR MORE

The start of the new year has been uneventful apart from the weather, with strong winds keeping the fleet ashore. Very brief breaks in the wind have allowed boats to snatch a trip here and there with mixed results from the scallopers and boats still engaged in fishing either with the trawl or gill nets. The scallopers fishing local beds are still finding good hauls with catches going abroad, some to Fleetwood and one load sent to the North of Scotland where they are processed before being sold on. In contrast the trawlers and netters have found fishing very slack with water and tide conditions not suiting either with any quantity of fish hard to find and only

fair prices helping out of bit. New year means new quota for the bigger vessels and during one spell there were several beam trawlers, some English, some Belgium fishing in the area back off the six mile limit. These nomadic boats although fishing to strict quotas are able to cope with a little better by being bigger in size therefore can travel greater distances and fish other areas as the sea has somehow been divided up using longitude and latitude with each section having a separate quota, all this has been done of course with the fish none the wiser.

BOY ASHORE

Free Mentor Training

We are seeking to recruit trainee mentors to assist women who are undertaking Pre-vocational and Career Development training.

Would you be interested in **free** training in.....

- * Introduction to Mentoring
- * Mentoring Skills
- * Interpersonal Awareness

"A mentor needs to possess good listening skills, act as a role model, be non-judgemental, show empathy, give encouragement and be able to give constructive feedback as well as receive it"

Sonia (mentor partici-



sussexcareers

Members of the
'Sussex Mentoring Network' (SMN)

women in Action

then contact Julie or Tamsin on 0845 601 1036 or write to Julie Gratton Women in Action Eastbourne House 22-24 Gildredge Road Eastbourne East Sussex BN21 4SA

RYE & DISTRICT AGE CONCERN

Baptist Church
Hall, Rye



Reg. Charity
No 1039986

Age concern is providing an Outreach Information Service in Rye
At Rye CVS, 25 Cinque Ports Street, Rye
On the third and fourth Thursdays of the month from 10am to 12noon

There is a wide range of information available, on subjects such as benefits, residential homes, sheltered accommodation, support services, clubs, transport and many more. Age concern factsheets are available and copies can be supplied on request.

The service aims to help older people, their families, friends and carers. Callers can drop in during the opening hours mentioned above or telephone on 01797 225466

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NEIGHBOURHOOD WATCH



Thefts from Vehicles.

Between Christmas Day and New Years Day offenders smashed windows of three vehicles at a premises in Rye Harbour Road, Rye Harbour and stole audio equipment from two of them. Serial 400 of 2/1 refers.

Overnight Friday 17/1 to Saturday 18/1 offenders smashed a window and levered a door of a car open in Quayhole, Rye but didn't steal anything from inside. Serial 452 of 18/1 refers.

A white Ford Transit Luton van, registration D436 UGO, has been stolen from Cinque Ports Street, Rye since late on Sunday 12/1 but reported today Saturday 18/1. Serial 847 of 18/1 refers.

Overnight Friday 17/1 to Saturday 18/1 offenders tampered with a 4 x 4 truck in Winchelsea Road, Rye in an attempt to steal it or parts from it. Serial 1398 of 18/1 refers.

Overnight Saturday 18/1 to Sunday 19/1 offenders cut glass out of a panel to gain entry to a store in High Street, Rye and steal property. Serial 387 of 19/1 refers.

About 6-55pm today, Sunday 19/1, two white youths possibly aged about 14 years were seen to smash a shop window in Needles Passage, Rye and then run off which was reported by the witness. A few minutes later they returned perhaps intending to enter the premises but the witness challenged them and again they ran off. Well done to the public spirited witness! Serial 1185 of 19/1 refers.

PICK POCKET:

About 11-00am today, Thursday 23/1, a lady shopping in Rye Market had her pension book, cheque book and cash stolen from inside her zipped closed shopping bag. Serial 765 of 23/1 refers.

About 12-00 noon today, Thursday 23/1, a lady shopping in Rope Walk Arcade, had her purse stolen from her trolley. Serial 740 of 23/1 refers.

VANDALISM - GUN GARDENS, RYE:

Over the weekend from Friday evening 24/1 to this morning, Monday 27/1, damage has been caused to the roof and a window grill of the new toilet block in Gun Gardens, Rye. Serial 745 of 27/1 refers.

**ANIMATE YOUNG
PEOPLES CENTRE**

VOLUNTEER MENTORS WANTED

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Listen - Inspire - Encourage

YOU CAN!

**Then we would like to hear from you.
For more information call, Karen or Sue
01797-225006**



Rye Harbour Nature Reserve Report



Now we are past the shortest day we, and the wildlife are looking forward to the forthcoming spring. Winter Heliotrope was just beginning to bloom at the end of December along Harbour Road opposite the church. On sunny days a few Mistle Thrushes are singing noisily from the tall trees around the village, but the abundant Robins are more tuneful. Down on the beach the Ringed Plovers have started setting up territory with their display flights and occasionally the Lapwing carry out their familiar tumbling display. Neither of these birds could be considered rare, but as breeding birds they have declined dramatically in the rest of Sussex - so much so that Rye Harbour is home to much of the county's entire breeding population. And this is true for many plants and animals. For the next months or so you will still be able to enjoy the great wheeling flocks of Lapwing on the flooded areas of the beach, but by mid-March just the few breeding pairs (15 last

year) will be left, as most birds make their way back to central Europe.

But its not all good news... along the shore there have been many oiled birds washed up. These include Guillemots, Razorbills and Common Scoter. They are collected by John and Rosalie (who often open Lime Kiln Cottage to visitors) and taken to the RSPCA at Mallydams, where some are cleaned and survive to be released again. There are more than 100 seabirds there at the moment. Some are too weak to undergo the cleaning and some also die a cold lingering death on the beach. This small-scale oil pollution doesn't get much publicity, but it goes on all the time. Thanks to the dedication of a small number of volunteers the impact on the seabirds is reduced. TAKE CARE – if you find a sick seabird on the beach, they may be weak, but their sharp beaks can be dangerous – if in doubt leave it alone but contact us.

You may have read in the local paper that we have

been fortunate to get some significant extra funding for the area in a project called "Rye Bay – enhancing and promoting a shingle environment". It has come from English Nature (through the Aggregates Levy Sustainability Fund) and the Friends of the Nature Reserve. The project shall help us improve visitor facilities, replace some of the fences, provide more public events, encourage more local school visits and help us to understand more about our very rare species. We shall be employing two new people for the next year, an assistant warden and a community officer.

One important aspect of the project will be to make the link between the shingle ridges, the history of the village, the extraction industry and the wildlife – it is all intimately connected. We shall be looking for memories and anecdotes of the area connected with shingle industry and with the sea and river flood defences. We hope to be able to update and revise

Rye Harbour Nature Reserve Report Cont...

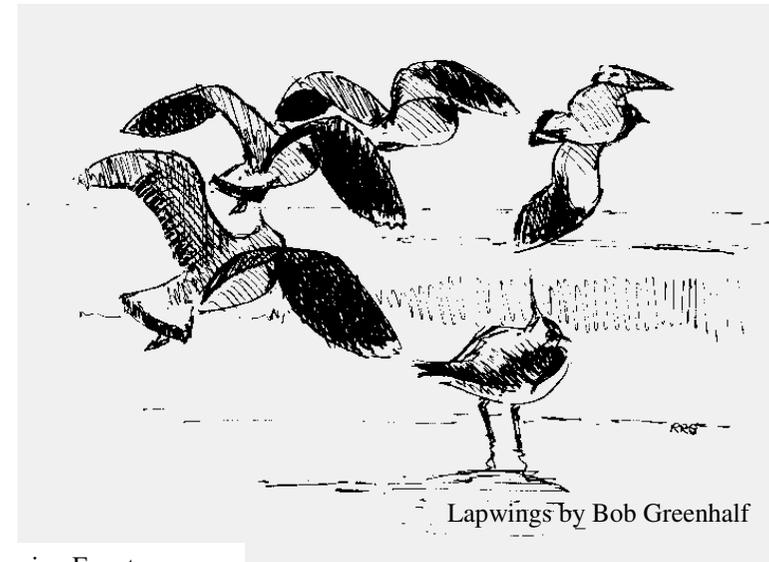
the popular Rye Memories booklet about the village, which was produced by Jo Kirkham, but sadly, has been out of print for some time

The information Touch Screen has now been in the shop for nearly a year.

There are quite a few photos of how the village used to look, but I'm sure there are many more interesting photos tucked away in old albums. If you would like to see more local information on this facility, then please let us

know. You can use the mail box that Marcus has put next to the shop. Thanks to Sarah, Dot and Bogdan for looking after the information point.

Barry Yates
223862
yates@clara.net



Lapwings by Bob Greenhalf

Forthcoming Events:-

February
Sat 1st A Winter Birdwatching Ramble Around Pett Level. A look at the wintering birds of the levels and a visit to the hide at Pannel Valley Nature Reserve. Please bring your own lunch and binoculars if you have them. Meet at the roadside pool at Pett Level - TQ903146 at 10am. Return about 2pm. 4 miles. Donation please.
Sat 15th Friends of Nature Reserve Winter Lecture - Recent

Developments at the Sussex Wildlife Trust, by the director, Elaine Hayes - Winchelsea Beach Community Hall - 2.30pm .
March
Sat 8th Camber Castle Wildlife And History. A chance to see inside Camber Castle and to observe the wildlife of Castle Water Nature Reserve. Meet at Brede Lock car park (TQ919198) at 10am return about 1pm, 2 miles. Donation please.

Dr Barry Yates



CHANGING ROOMS



'Changing Rooms' is a basic DIY course, concentrating mainly on painting and decorating. It is a part of the 'Achieving and Building Communities (ABC) Project managed by Rother Homes with funding from the European Social Fund.

It consists of 10 sessions of around six hours each working in a local property. The courses are aimed at lone parents, carers or other long-term unemployed who are considering returning to work, or taking up some form of training in the future. The courses are limited to 10 places each.

The participants will work in groups under the careful supervision of an experienced tutor. Once they have completed the course, they will be able to put into practice what they have learnt in their own homes with a small project grant.

The first course is planned for Tues. 4th/Weds. 5th March and Subsequent Tues/Weds. until Weds. 2nd April. The property will be in Ore, Hastings.

The second course is planned for Hollington, St Leonards in May/June. Travelling expenses and childcare costs can be provided.

Further details can be obtained by returning a reply paid card (copies available in Rother Homes office in Rye, at Jobcentres and various information centres) or by contacting me on 01424 776673.

Rod Smith
ABC Project Co-ordinator



FUTURE ENERGY SOURCES



You must no doubt have read the sometimes heated discussion in the Rye Observer about the new wind farm at Little Cheyne Court about 3 miles across the Marsh from the village. Certainly those of us on the river bank will have a first class view of them, 26 units, each about 115m high, more than twice as high as the existing pylons. Much of the discussion has been very woolly with more heat than light being generated and I found this very frustrating. As a result I tried to put together a sustainable energy scenario for Rye Harbour, Rye and the surrounding villages for the next 50 years – what can we bequeath to our children and grandchildren. The supply of oil and gas is going to run out at some point, or at least become so expensive that just burning it to produce energy will be totally uneconomic. What would happen if our natural gas supply were interrupted tomorrow by some unforeseen event, political or terrorist inspired? Our coal industry has all but disappeared and nuclear energy has a very uncertain future because of pollution. So how will we heat our homes, keep the fridges, freezers, washing machines, TV's and DVD players going? How at the same time can we reduce the effects of climate change of greenhouse gases from cars, trucks and domestic central heating? The initial study is only in draft form – a review of possible methods for this area – nevertheless it produced some very interesting results and highlighted that we have to think and plan our diverse energy future now. The next stage is to look at the economics of various methods, some of which would open up significant local opportunities for enterprise and employment. The

environmental impact of the different technologies also needs to be closely studied with the objective of minimising the combined effects on us, our flora and fauna.

60% of the energy we use domestically goes to heating our homes and shops and it is entirely feasible to use a combination of solar and wind energy, biomass (wood chips) and ground effect heat pumps to do it, at the same time with a very low impact on the climate. In 30 years' time one can envisage more wind turbines in Rye Bay inshore of the 10 metre depth contour – the caissons themselves containing tidal current generators to make use of the twice daily ebb and flow – do we know the environmental impact and would it be acceptable?

A significant opportunity has already been lost in the Oyster Creek development – with a little decent engineering and architectural input the running costs for heating could have been cut by up to 70% - and these are modern houses! Even more I am mildly appalled when I look at the heating demand of Harbour Point in the middle of winter – up to 100 Kwh per day - and this is a 1975 design.

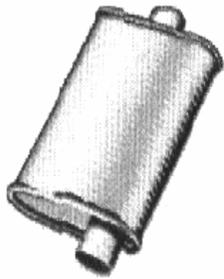
The draft study is available for anyone to review – send me an email request at harbourpoint@pobox.com. I would welcome any constructive comments and insights - Engineers can be as blinkered as anyone else ! What then about the wind farm? Even though I'll have the turbines in view every day, I welcome it as a stimulus to a more diverse non-nuclear future.



Mike Slavin



Tyres - Exhausts - Batteries

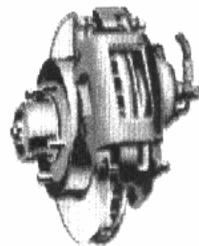


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GOOD FOOD FOR ALL!

The Food and Health Partnership invite you to join them in the launch of their programme of food action projects across East Sussex.

The 3 year programme will include projects covering food in schools, horticulture, village shops, farmers markets, community food projects, food in residential homes, awareness raising campaigns and the establishment of a cross county Food and Health Partnership.

So whether you are interested in expanding the role that local produce can play in a healthy diet, or increasing basic access to fruit and veg , then

The Food and Health Partnership would love to meet you!

Launch One

Wednesday February 12th from 10.30 am – 1.30 pm at Hillcrest Community Centre in Newhaven includes a talk from Martin Caraher of City University on the national food policy agenda.

Launch Two

Friday 14th February from 10.30am at Brede Farmers Market nr Rye will include a fish cookery demonstration.

Please reply to Fay Baker at Sussex Downs and Weald PCT to register your interest and let us know which event you would like to attend. E: fay@foodandhealth.org.uk, Tel: 01273 403635, Fax: 01273 403636

Also check out our website www.foodandhealth.org.uk

ANIMATE

Tuesdays 10.00 am - 12.00 pm

Parent

child

**Lots of Fun, Things to Do & New Friends to Make.
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While your Toddler's busy.**

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Characters Of Rye Harbour

Elsie Haffenden was born at Priory Cottage in Tram Road in 1911. Her Dad was born and bred here and was a Rye Harbour pilot during the 1st World War. Pat Gawn has always called her Tod and Steves dog is named after her. Her eldest brother was killed in the 1st World War in the last push of the Somme. Brother Arthur went down in the Mary Stanford as did cousin Morris Downey. Elsie was 17 at the time and Mum being blind kept asking Elsie to go and look and find out about the boat next morning. News gradually filtered through and everyone was supportive to each other and there was some comfort in knowing you were one of many. Elsie



says she has a good family and that makes all the difference, she wouldn't be able to manage without. They come in every day. On Sundays and holidays Richard and Steve fetch

Elsie for lunch and tea. The Village shop Elsie says is marvelous, they try to get anything you want. We ought to have a Post Office to help the old people and parents with young children. Elsie says she is old fashioned and doesn't agree with modern life. Elsie had 6 good kids and believes in tough love, discipline and giving children time and attention. They had little money, no T.V. yet were never bored. Dad had an allotment so fresh vegetables, toad in the hole and sausage pudding were good food and combined with hard work led to a happy healthy life

Jill Halpin.



Rye Harbour Sailing Club News

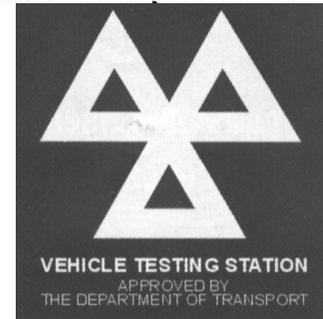
January has been a busy month for the Sailing Club. The first race called The Rum Race for dinghies took place early in the month. The first three places are rewarded with bottles of rum--good warming stuff on a cold day. There have been several social events which included meals provided by

various members coupled with speakers-- Carl Bagwell spoke on the importance of Rye Harbour and Alex Korizis our Greek member spoke about sailing in Greece. On Thursday 23rd Jan we had a super ceillidh celebrating in true fashion the Immortal Memory of Robert Burns.

Ken Halpin



The M. O. T. Centre



The
M. O. T. Centre
HARBOUR ROAD
RYE

The M. O. T. Centre

Harbour Road
Rye
East Sussex
TN31 7TE

Phone: 01797 223606

Fax: 01424 752719

Email: suanscombe@tiscali.co.uk

For ALL your vehicles needs

It is with great pleasure that
Pete Anscombe
formerly of Broad Oak Garage,
Broad Oak, Brede,
announces the opening of his own
new Garage

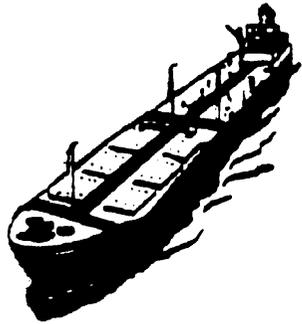
The M.O.T. Centre

(formerly Dave Hall Autos)
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hausts, welding and repairs.

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RYE & DISTRICT COMMUNITY TRANSPORT

Well, we got through the first freezing spell of the year, and with the first buses going out just after 6.30 am I was very grateful to the guys who spent most of the nights out gritting the roads. Looking forward, we've been considering some possible destinations for Sunday outings as we'd like to get some going through February, March and April. Suggestions

have included Tunbridge Wells, Hawkhurst, Cranbrook, Headcorn, Hythe and (perhaps when the weather gets a bit warmer) Bewl Water. Arundel was another idea but that is quite a long drive. Let me know if you fancy any of these or if you've got any other ideas and I can get things organised.

Pat Hughes

WHAT DO YOUNG PEOPLE GET UP TO THESE DAYS ?

Just look at what they can get up to

SAILING - CANOEING - MOTOR BOATS with RYA and BCU QUALIFICATIONS - OFFSHORE YACHTS - MOTOR VESSELS and the SQUARE RIGGER 'ROYALIST'

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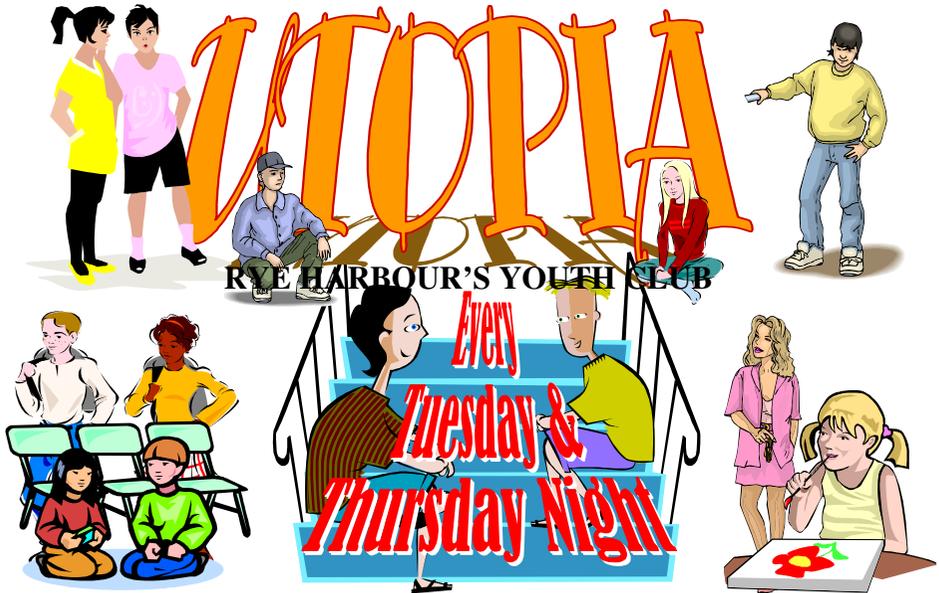
RYE SEA CADETS

ROCK CHANNEL, RYE — Telephone 01797 224720

Mondays and Fridays 7 - 9 p.m. Boys and Girls 12 - 18 years
Junior Section : Mondays only — Boys and Girls 10 - 12 years

RYE HARBOUR YOUTH ACTION GROUP

At The Village Hall On 01797 229164 In Session Times Only



Children 5 yrs to 10 yrs
Tuesday's - 4.00 pm to 6.00 pm
Children 11 yrs and Upwards
Thursday's - 7.00 pm to 9.00 pm

**For your registration form, you can pick them up from the following outlet:
 Rye Harbour Stores Or Contact:
 Marcus On 01797 227773**

£1 per Child, 50p Siblings, Per Session, Both Age Groups
 Volunteers Are Still Required . Please call Marcus on 01797 227773

VILLAGE HALL DONATIONS



If you would like to make a donation there are a couple of ways that you can do this, they are as follows:

Tiddler Pots: We will provide you with a small pot for you to collect your loose change (Tiddlers) in, then when the pot is full just return it to myself and I will give you another pot (if you would like one). You will get a statement showing how much money you have donated to the Village Hall on a periodic basis.

Standing Order: This option allows you to make a regular donation to the Village Hall without the hassle of saving the money. The donation will be transferred from your bank account to that of the Village Hall.

GIFT AID: If you make a donation(s) to Rye Harbour Village Hall and are a tax payer, it may be possible for the Rye Harbour Village Hall Management Committee to claim Gift Aid on your donation. Currently the rate of gift aid is 28%. What this actually means for the Village Hall is that... for every £1 you donate, the V.H.M.C. may be able to claim an additional 28 pence from the Exchequer at no extra cost to yourselves.

To enable the Rye Harbour Village Hall Management Committee to reclaim this money you will need to complete a Gift Aid declaration, which is available from myself.

Don't forget... Rye Harbour Village Hall belongs to the Village. To enable us to ensure that there is always a Village Hall in Rye Harbour we need your continued support.

Steve Tollett

HARRIS REFRIGERATION

FRIDGE FREEZER REPAIRS

NO CALL-OUT CHARGE

Rye (01797) 224401 or New Romney 362327
Mobile 07721-369937

Rye Harbour Church News

Chapel of Ease of the Holy Spirit
Sunday February 9th –
9.15am Monthly Eucharist with the Reverend Bill Baker.

"If Gods providence bestows an unfailling supply of food on the birds of the air who neither sow or reap, we ought to realize that the reason for people's supply running short is human greed. The fruits of the earth were given to feed all without distinction and nobody can claim any particular rights.


Veni, Sancte Spiritus

Instead, we have lost the sense of communion of goods, rushing to turn these goods into private property.

The right to private ownership therefore has strict limits, set in particular by the urgent needs of others.

The environment is a prime example of a good that is essentially shared, and is not to be monopolized by powerful individuals and

groups."

Or as Ghandi put it:-

"There is enough on the earth for man's need but not enough for man's greed"

We may well think that the first paragraph was written recently.

In fact it was written as far back as the fourth century AD by St Ambrose – one of the early Bishops and Doctors of the Church!

Rye Harbour Parent and Toddler Group



We've been back for 3 sessions now after the Christmas break and Karen's departure and were trying (and hopefully succeeding!) to keep up the very good work that Karen has done.

We are very keen that Mother & Toddler continues, we have two volunteers at the moment to help open up and get things ready by 10.00am and everyone mucks in and helps clear up at the end, many hands make light work, so it doesn't take long at all. Marcus is very kindly still helping as is Margaret Delahoy.

If you haven't already been, it's well worth popping in, there is a good selection of toys,

books and playthings for toddlers and babies. Teas and coffees are supplied, also juice and biscuits, sit and have a chat while the children can play happily in a safe environment.

Health Visitor Alison also visits on the first Wednesday of every month, so come and have baby weighed or discuss any queries you may have. Come to the Village Hall Wednesday mornings 10am – 12pm, £1.00 per session.



Juliet

RYE HIRE

1 CYPRUS PLACE, RYE — Tel. 01797 223033

New Equipment for Hire

MUCK TRUCK PETROL ENGINED BARROW from £25 + vat

BOMAG PETROL ROLLER from £40 + vat

CAMON PETROL TURF CUTTER from £27.50 + vat

We still hire a wide range of equipment, sell building materials, cycle spares, etc. and repair/service most makes of tools and garden equipment

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Family Announcements

Congratulations

Due to the lack of space and me being late handing in my report the following items were unfortunately omitted from the last newsletter:-
 Congratulations to Audrey and Ron Caister on the occasion of their Golden Wedding on November 29th.

All the family came from near and far and according to Audrey the walls of their bungalow were nearly bulging at the seams.

A party which was secretly arranged by daughter Sally was enjoyed by all. Pam and Julie hope it is not too late to say thank you to Dawn and Wayne for supplying the chocolate and drinks for the village childrens Christmas party. They were much appreciated.

Congratulations to Sylvia and Michael Alford on the birth of their Granddaughter Miranda. She was brought over at Christmas and she looks just like a little doll.

Through this column may we say thank you to Ron for all the help he gives us in the Age Concern kitchen every week and when we are really busy his wife Anna comes too. Thank you both again.

Whilst we are on the subject of Age Concern I have a message from Kate Head. There are a few vacancies on Tuesdays and Wednesdays and she would welcome calls from anyone who is interested. You will be most welcome. Kate can be reached on 270459.

Reports were written By Nanny Pat

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Family Announcements

BIRTHDAYS



Many happy returns of her 80th birthday in December to Vera Lancaster. She was given the VIP treatment, picked up by a big limousine and off to the "Robin Hood" pub where there was a great party and a good time was had by all.

Happy Birthday Sandra (You Old Tart) February 9th – From your oldest friend.

Happy Birthday Terry February 18th – I never forget your Birthday, you never let me.

Rye Harbour lunch clubs next event will be on Monday 17th February at midday. The lunch has been postponed from the 10th as originally proposed. We hope that you will still be able to make it to this happy event. We welcome everyone both young and old and in between to join us.

The Rye Harbour Boatowners Association is an organisation whose aims are for the well being of the Harbour of Rye, its navigation and for the interests and encouragement of use of the three rivers above Rye.

Members do not have to have a boat just an interest in the association's aim is sufficient. The boatowners also have social events such as a barbecue – fitting out and laying up suppers plus a quarterly magazine.

The AGM will be in the village hall on Sunday February 23rd at 10.30am and if you are interested in joining at £8 per year do please come whether you have a boat or not. We welcome your interest.

Reports were written By Nanny Pat

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